

Little Narragansett Packing List

Please be sure to pack the following items on the day of the trip!

1. DIRECTIONS & SIGNED WAIVER

2. CLOTHING

Wear:

Weather appropriate clothing over a bathing suit. If possible, made of quick-drying material, not cotton.

Some type of water shoe without straps.

Bring:

One complete set of dry clothes

Fleece type of sweatshirt

Windbreaker/Light Raincoat

*Store everything in waterproof bags!

3. ITEMS:

Suntan Lotion

Hat

Sunglasses w/ an adjustable strap or float

Water bottle

Lunch (No GLASS items, please)

Beach towel

Flashlight or headlamp (for evening paddle)

Nose plugs (optional)

Binoculars (optional)

Directions to Barn Island Boat Launch

Take I-95 to Exit 91 in Stonington. Continue straight at the end of the ramp onto Rt. 234.

After approximately 3/4 mile take a right onto Farnholm.

At the end of Farnholm take a right onto S. Broad St (Rt. 1) and an immediate left at the light onto Greenhaven.

Take an immediate right onto Palmerneck and follow to end and boat launch.

MEET US THERE BETWEEN _____

EMERGENCY CELL PHONE # _____

