

Mystic Seaport Packing List

Please be sure to pack the following items on the day of the trip!

1. DIRECTIONS & SIGNED WAIVER

2. CLOTHING

Wear:

Weather appropriate clothing over a bathing suit. If possible, made of quick-drying material, not cotton.

Some type of water shoe without straps.

Bring:

One complete set of dry clothes

Fleece type of sweatshirt

Windbreaker/Light Raincoat

*Store everything in waterproof bags!

3. ITEMS:

Suntan Lotion

Hat

Sunglasses w/ an adjustable strap or float

Water bottle

Lunch (No GLASS items, please)

Beach towel

Flashlight or headlamp (for evening paddle)

Nose plugs (optional)

Binoculars (optional)

Directions to Mystic River Boat Launch

Take I-95 to Exit 90, at the bottom of the ramp go North on Rt. 27 (away from downtown), a little over a mile take a left at Old Mystic General Store (still Rt. 27).

After about 100 yards, at the light, take a left onto River Road.

At 1.3 miles, the launch is on the left, extra parking under the bridge.

MEET US THERE BETWEEN _____

EMERGENCY CELL PHONE # _____

